

**CENTER FOR PEDIATRIC ORTHOPAEDICS & SCOLIOSIS**

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**ROBERT P HUANG, MD**  
PEDIATRIC SPINE SURGERY  
PEDIATRIC ORTHOPAEDIC SURGERY

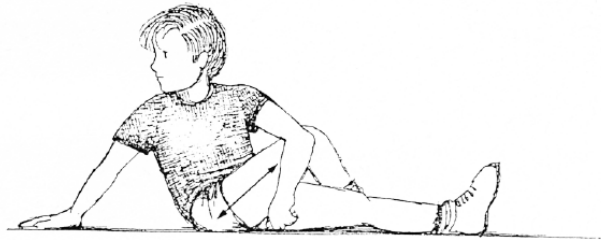
**RANDALL SORRENTINO, PA-C**  
PEDIATRIC SPINE SURGERY  
PEDIATRIC ORTHOPAEDIC SURGEY

**LISA DOBSON, RN**  
PEDIATRIC ORTHOPAEDICS CASE MANAGER  
SCOLIOSIS CASE MANAGER

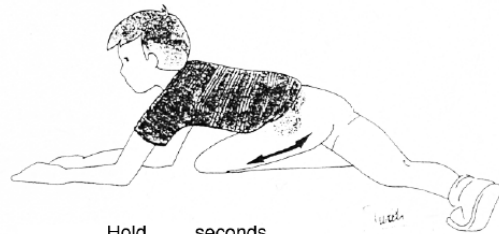
Ilio-Tibial Band and Gluteal Stretches



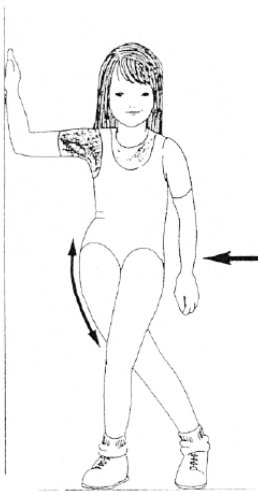
Hold \_\_\_\_ seconds.  
Repeat \_\_\_\_ times  
on each side.



Hold \_\_\_\_ seconds.  
Repeat \_\_\_\_ times  
on each side.



Hold \_\_\_\_ seconds.  
Repeat \_\_\_\_ times  
on each side.



Hold \_\_\_\_ seconds.  
Repeat \_\_\_\_ times  
on each side.



Hold \_\_\_\_ seconds.  
Repeat \_\_\_\_ times  
on each side.

